

John F. Kennedy Primary School

The Buzz Newsletter



10th November 2023

Dear Parents and Carers,

Another jam-packed week at school has been completed. Once again, the staff have been thinking outside the box to keep excitement high during lessons, including bread tasting from around the world, maths musical equivalent fractions, dough disco, a visit to the local shop and using atlases to locate oceans across the globe.

Football Festival: On Thursday, a number of our year 5 and year 6 pupils represented the school at the Beacon of Light Football Festival. During the morning, the children played a series of games that each matched one of the key Premier League Primary All Stars values: be ambitious, be fair, be connected and be inspiring. The rules of each game were dependent on the value and to win the tournament you collected the most stickers by impressing both the Foundation of Light coaches and the other teams. The teams impressed all with their enthusiasm, passion for the game and also their adherence to the values. One of the teams managed to win the tournament with Richard B collecting the most stickers individually.

JFK Superstar: Huge congratulations to Sam M, who has been successful in being selected for the WPSFA District Football Team. He really impressed all of the selectors standing out amongst all 42 triallists. I can't wait to hear of your future footballing successes. Congratulations Sam!

Remembrance: The school took part in an assembly today to mark Remembrance Day. The focus of the assembly was around the significance of the poppy and what they represent at this time. The two-minute silence was impeccable and the song KS2 pupils shared was lovely and thoughtful. I must also thank members of the school council, who have been actively selling poppies and other items around school to help raise funds for this worthwhile charity.

Parent Survey: Thank you to all the parents who took time to respond to the survey over the last 2 weeks. Your responses are invaluable to support the school moving forward and seeing any areas that you feel we need to improve.

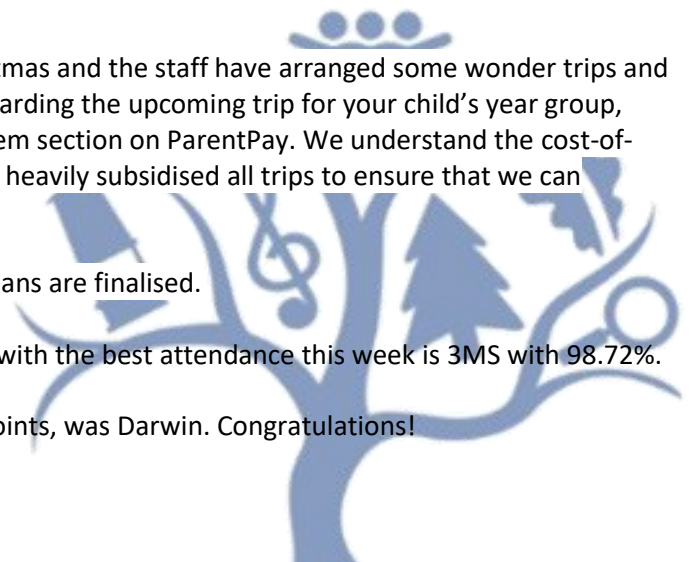
Children in Need: On Friday 17th November, all children are invited to make a small donation to wear either non-uniform or spotty clothing. We would like all donations to be brought in in person as we are hoping to have a special visitor at some point in the day.

Christmas Trips: As a school we always look forward to Christmas and the staff have arranged some wonder trips and activities for each class. You should have received a letter regarding the upcoming trip for your child's year group, along with the information being updated in the Payments Item section on ParentPay. We understand the cost-of-living crisis many families are facing currently, and school has heavily subsidised all trips to ensure that we can continue with these events in the lead up to Christmas.

Information regarding nursery will be issued as soon as the plans are finalised.

Attendance: This week, our attendance is 93.26%. The class with the best attendance this week is 3MS with 98.72%.

House Points: The winning house this week, with the most points, was Darwin. Congratulations!



PE Lessons: Children can wear their PE kit to school on the day. This should be a plain white t-shirt, black jogging bottoms/leggings and trainers. A jumper can also be worn. At this time of year, PE is generally now on the yard or field depending on the weather.

Week Commencing 13 th November		
Day	Morning	Afternoon
Monday	Year 4 swimming Year 1	
Tuesday	Treehouse	Year 2
Wednesday	Nursery	Reception
Thursday	Year 3	Year 5 (DF)
Friday	Treehouse swimming	Year 5 swimming (RN)

Forest School: Please send your child into school dressed appropriately for their session – long sleeves and trousers, wellies and a waterproof coat if possible. Forest School still takes place when raining, and we don't want children sitting in class with wet clothes, so it would be useful to provide spare clothing/shoes on the day.

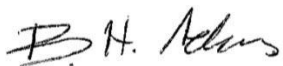
Week Commencing 13 th November		
Day	Morning	Afternoon
Monday	Treehouse	RAM
Tuesday		RSC/BG
Wednesday		
Thursday	2FM	Nursery
Friday	1AP	

Staffing: Miss Anderson leaves us today to begin her maternity leave. We would all like to send our best wishes and we can't wait to hear about the safe arrival of her new bundle of joy!

Breakfast and After School Club: Please use the following link to book your child into Breakfast and After School Club for week commencing 13th November – [B & ASC Booking Form](#). It is important that the booking form is completed as we are almost full for our pupil/staff ratio. Please ensure you advise staff of any dietary requirements your child may have.

Have a lovely weekend.

Best wishes,



Mr B Adams
Head of School



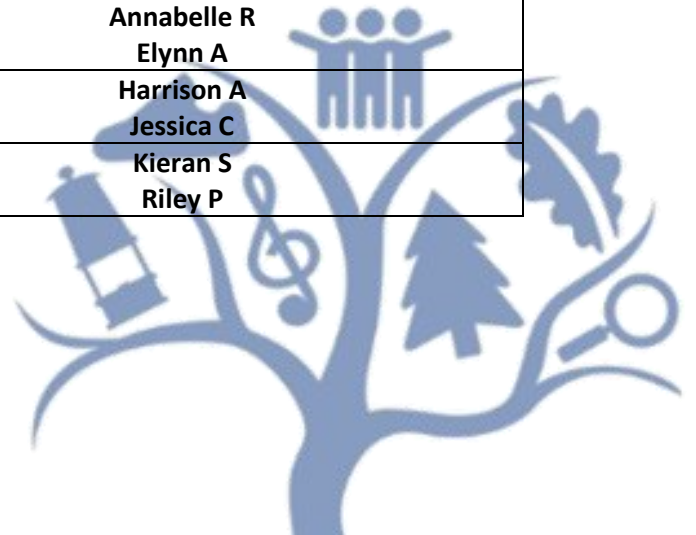


John F. Kennedy
Primary School



Stars of the Week

Year Group	Class	Star of the Week
Nursery	NAO	Mason A Grayson A
Reception	RSC/MA	Millie H William M
	RAM	Kane C Penny R
One	1AP	Imogen H Darcie P
	1ES	Harlow D Orla G
Two	2FM	Nina A Dexter E
	2IT	Daniel W Jayden L
Three	3MS	Rosie M Isla D
	3JW	Joseph W Greia T
Four	4AF	Calvin T Alfie K
	4BK	Scarlett R Olivia B
Five	5RN	Victor H Reuben H
	5DF	Ella W Darcy G
Six	6PP	Annabelle R Elynn A
	6LM	Harrison A Jessica C
The Treehouse	TSK	Kieran S
	TNP	Riley P



Family Support Health Information

Flu Immunisation Catch Up Session: We have been advised that the immunisation team will be hosting a catch up session in school on Monday 4th December. If your child was not vaccinated on 30th October your child will receive their vaccination, if requested, at this session.

If since giving us consent your child has received the vaccine from the GP or hospital please contact us 24 hours prior to the session so that we can withdraw the consent. If you gave consent to the school immunisation service and we delivered the vaccine you do not need to do anything.

If you have not already given your permission, please use this link to provide consent:

<https://nhslmms.azurewebsites.net/session/7f354362>. If you have any problems accessing the link, please telephone 0333 3583397.

Diabetes in Children: John F Kennedy Primary School have children in school who are living with type 1 and type 2 diabetes, or they have family members with these conditions, and we feel strongly about raising awareness of the signs and symptoms of diabetes in children and adults, and the importance of spotting symptoms early to prevent diabetic ketoacidosis (DKA) which can be life threatening.

Please see below some key information which highlight some symptoms/information of type 1 diabetes, along with support resources available. We will also be displaying these posters in the information board on the school yard:

DO YOU KNOW THE SIGNS OF TYPE 1 DIABETES?

TOILET

THIRSTY

TIRED

THINNER

We call them the 4Ts. If you or your child are weeing more often, constantly thirsty, more tired than usual, or losing weight for no reason, it could be a symptom of type 1 diabetes. If left undiagnosed, type 1 diabetes can be fatal. If you're experiencing any of the 4Ts, ask your doctor for a test immediately.

Scan the QR code or visit diabetes.org.uk/the4Ts

DIABETES UK
KNOW DIABETES. FIGHT DIABETES.

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KNOW THE '4 T'S' OF TYPE 1 DIABETES - IT COULD SAVE A CHILD'S LIFE

It's really important to be able to spot the most common symptoms of type 1 diabetes early.

Unfortunately, we know that too many people – mostly children and young people – are not diagnosed until they are in diabetic ketoacidosis (DKA), a life-threatening condition that requires urgent medical attention.

Early action is important and it's good to know the '4 T's' of type 1 diabetes:

TOILET – GOING TO THE TOILET A LOT.

THIRSTY – BEING VERY THIRSTY AND UNABLE TO QUENCH THE THIRST.

TIRED – FEELING MORE TIRED THAN USUAL.

THINNER – LOSING WEIGHT OR LOOKING THINNER THAN USUAL.

The 4Ts

If you notice these signs and symptoms, you should contact your doctor **straight away**.

IF YOU WOULD LIKE SUPPORT...

Join our 'Friends of the North' Diabetes UK Facebook group where you can find peer support and the latest information from Diabetes UK, locally and nationally: [Diabetes UK chat: Your Friends in the North | Facebook](#)

Or use your mobile phone to scan the QR code:

Contact us:
North of England team: 01925 653261
Diabetes UK Helpline: 0345 123 2399 (Mon-Fri, 9am-6pm)

FOR MORE INFORMATION...

If you would like copies of the poster or the A5 leaflets, please contact north@diabetes.org.uk.

For more information about Diabetes UK visit www.diabetes.org.uk/The4Ts

We have resources to help you support pupils who have type 1 diabetes. Find out more about how we can support schools and our resources to help [Diabetes in schools resources | Diabetes UK](#)

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Measles Awareness: Measles is an infection that spreads very easily and can cause serious problems in some people. Having the MMR vaccine is the best way to prevent it. Two doses are needed to be fully protected. The uptake of MMR in Sunderland at age 5 years has reduced recently, putting some children at risk. We would like to highlight the importance of children being up to date with all their vaccinations. If you aren't sure if your child has had two doses of MMR you can contact their GP to check.

Please see below some useful resources:

- Complete routine schedule for UK [Complete routine immunisation schedule - GOV.UK \(www.gov.uk\)](https://www.gov.uk)
- Measles: Don't let your child catch it leaflet [MEASLES - Don't let your child catch it \(publishing.service.gov.uk\)](https://publishing.service.gov.uk)
- What do I need to know about the MMR vaccine? [What do I need to know about the MMR vaccine? - UK Health Security Agency \(blog.gov.uk\)](https://www.gov.uk)